

Next Generation Yoga ~ Winter 2008-2009 Encinitas After School Enrichment Program

El Camino Creek: K-3
Paul Ecke Central: K-3
Mondays @ 2:25-3:20
November 17th - January 26th
\$110 classes only
\$125 classes + yoga mat



Ocean Knoll: K-3
Wednesdays @ 2:25-3:20
November 19th - January 28th
\$110 classes only
\$125 classes + yoga mat

Next Generation Yoga® offers fun-filled, spirited classes for kids of all ages. Everyone receives individualized attention, as class sizes are limited.

NGY, originated in New York City, and has been sharing yoga with kids and families since 1998. Certified Ngy Teachers exude a love for children & yoga and have backgrounds in education, dance, social work, child psychology and special education.

Jodi B Komitor, founder of Ngy & author of *The Complete Idiots Guide to Yoga with Kids*, along with innovative Ngy Teachers will lead the kids yoga program at the Encinitas After School Enrichment program! For more info on Jodi & Ngy – visit nextgenerationyoga.com or contact her 866-NGY-YOGA or jodibk@nextgenerationyoga.com

To have your child join in the fun...
Complete the attached registration form & mail to:
NGY 132 N. El Camino Real, #114 Encinitas, CA 92024

next generation
YOGA
Why kids love yoga!
www.nextgenerationyoga.com

This program is offered through the Encinitas Union School District's After School Enrichment Program. Any questions or concerns should be addressed to Next Generation Yoga/Jodi Komitor at 866-NGY-YOGA or Ron Quini at 760-944-4300 x1144.

